



COOPMANHUIJS



Helena's  
RESTAURANT

## Breakfast

### **Avo on toast R85**

Whole wheat bread, smashed avocado, 2 poached eggs, basil cream, roasted cherry tomato

### **American style pancakes R85**

Freshly baked pancakes, whipped cream, banana, toasted coconut and maple syrup

### **Oeufs en cocotte R85**

French baked eggs cooked in cream with ham and cheese

### **French toast R85**

Bread fried in egg until golden, rashers of crispy bacon, fried banana, maple syrup

### **3 Egg Omelette R110**

Made with three eggs and your choice of cheese, mushrooms, tomato and bacon

### **Eggs Florentine R125**

Two poached eggs with smoked salmon or ham, on two toasted English muffins  
Wilted spinach, zesty hollandaise sauce. Stir-fry seasonal vegetable, macedoine potato

### **Full English Breakfast R125**

Rashers of bacon, pork or beef sausage, mushrooms, fried plum tomato  
Two fried / scrambled / boiled / poached eggs, toast

### **Continental Breakfast R185**

Fruit juices, fresh & stewed fruit, yogurt, home-made muesli, cereal, seeds & nuts,  
freshly baked muffins, scones, croissants, Danish, bread, jams & preserves,  
charcuterie & cheese selection.

Filter coffee & tea

### **Continental and Hot Breakfast R260**

#### **Coffee**

Americano **R30** Cappuccino **R35** Cafe Latté **R40**  
Espresso **R30** Double Espresso **R32** Hot Chocolate **R40**

#### **Tea R26**

Choose from our selection of fine teas

*~Where the familiar is made spectacular~*