

ROOM SERVICE MENU

available from 12:30 to 21:30

Helena's RESTAURANT

TO START

Pickled baby beets and citrus salad

Saffron poached pear, baby leaves, red onion, toasted almonds, Helena's signature dressing

85

Smoked Rainbow trout from Baardskeerdersbos

Sweetcorn flapjack, crème fraîche, lumpfish caviar

90

Parma ham with sweetmelon and fresh figs salad

Fior di latte, homemade honey & mustard vinaigrette

95

Ricotta & baby spinach ravioli

Sage beurre noisette, Grana Padano, toasted pumpkin seeds

95

Duck liver pâté

Pistachio nuts, toasted brioche, homemade black olive jam

95

Risotto with wild mushrooms from the Hemel-en-Aarde Valley

Shimeji, shiitake and king oyster mushrooms, Grana Padano, white truffle oil

95

Butter poached crayfish tail

Dashi pearl couscous, prawn aioli, fresh dill

135

MAIN COURSE

Spinach and ricotta tagliatelle

Napolitana sauce, basil pesto, Grana Padano shavings

170

Risotto with wild mushrooms from the Hemel-en-Aarde Valley

Shimeji, shiitake and king oyster mushrooms, Grana Padano, white truffle oil

175

Mezze platter

Roasted red peppers, marinated button mushrooms, smoked Rainbow trout, chèvre and peppadew croquettes, Crispy aubergine sticks, Prosciutto, smoked snoek pâté, Boerenkaas cheese, fig preserve, lightly toasted ciabatta

185

Seafood bisque

Kingklip, prawns, light curry, ginger, lemon grass, coconut cream, lightly toasted ciabatta

190

Braised shoulder of Karoo Lamb (Certified Karoo Meat of Origin) with cumin-infused lamb gravy

Herbed baby potatoes, roasted patty pans, lamb fat confit garlic clove

195

Pan-seared Norwegian salmon, tomato and red pepper quinoa, steamed prawns

Tender stem broccolini, sweetcorn purée

205

Rack of Karoo Lamb (Certified Karoo Meat of Origin)

Boulangère potatoes, roasted garlic raita, grilled courgettes, baby carrots, lamb jus

225

Chalmar Beef fillet with Dukkha spice, red wine and bone marrow jus

Baby corn, beetroot-stained carrots, Dauphinoise potatoes, charred cauliflower purée

235

—WHERE THE FAMILIAR IS MADE SPECTACULAR—