

# Helena's

## RESTAURANT

### TO START

#### Pickled baby beets and citrus salad

Saffron poached pear, baby leaves, red onion, toasted almonds, Helena's signature dressing

85

#### Smoked Rainbow trout from Baardskeerdersbos

Sweetcorn flapjack, crème fraîche, lumpfish caviar

90

#### Parma ham with sweetmelon and fresh figs salad

Fior di latte, homemade honey & mustard vinaigrette

95

#### Ricotta & baby spinach ravioli

Sage beurre noisette, Grana Padano, toasted pumpkin seeds

95

#### Duck liver pâté

Pistachio nuts, toasted brioche, homemade black olive jam

95

#### Risotto with wild mushrooms from the Hemel-en-Aarde Valley

Shimeji, shiitake and king oyster mushrooms, Grana Padano, white truffle oil

95

#### Butter poached crayfish tail

Dashi pearl couscous, prawn aioli, fresh dill

135

### MAIN COURSE

#### Spinach and ricotta tagliatelle

Napolitana sauce, basil pesto, Grana Padano shavings

170

#### Risotto with wild mushrooms from the Hemel-en-Aarde Valley

Shimeji, shiitake and king oyster mushrooms, Grana Padano, white truffle oil

175

#### Mezze platter

Roasted red peppers, marinated button mushrooms, smoked Rainbow trout, chèvre and peppadew croquettes, Crispy aubergine sticks, Prosciutto, smoked snoek pâté, Boerenkaas cheese, fig preserve, lightly toasted ciabatta

185

#### Seafood bisque

Kingklip, prawns, light curry, ginger, lemon grass, coconut cream, lightly toasted ciabatta

190

#### Braised shoulder of Karoo Lamb (Certified Karoo Meat of Origin) with cumin-infused lamb gravy

Herbed baby potatoes, roasted patty pans, lamb fat confit garlic clove

195

#### Pan-seared Norwegian salmon, tomato and red pepper quinoa, steamed prawns

Tender stem broccolini, sweetcorn purée

205

#### Rack of Karoo Lamb (Certified Karoo Meat of Origin)

Boulangère potatoes, roasted garlic raita, grilled courgettes, baby carrots, lamb jus

225

#### Chalmar Beef fillet with Dukkha spice, red wine and bone marrow jus

Baby corn, beetroot-stained carrots, Dauphinoise potatoes, charred cauliflower purée

235

—WHERE THE FAMILIAR IS MADE SPECTACULAR—