

ROOM SERVICE MENU
available from 12:30 to 21:30

Helena's

RESTAURANT

TO START

Three bean and roasted red pepper and tomato soup

Chalmar Beef fillet strips, toasted ciabatta

75

Braised baby fennel and citrus salad

Saffron poached pear, baby leaves, red onion, toasted almonds, Helena's signature dressing

75

Double-baked cheese and courgette soufflé

Grana Padano and kirsch cream

75

Duck liver pâté

Pistachio nuts, toasted brioche, homemade black olive jam

75

Risotto with wild mushrooms from the Hemel-en-Aarde Valley

Shimeji, shiitake and king oyster mushrooms, Grana Padano, white truffle oil

85

Mezze platter

Roasted red peppers, marinated button mushrooms, chèvre and peppadew croquettes, crispy aubergine sticks, smoked snoek paté, boerenkaas cheese, fig preserve, lightly toasted ciabatta

95

MAIN COURSES

Spinach and ricotta tagliatelle

Napolitana sauce, basil pesto, Grana Padano shavings

165

Risotto with wild mushrooms from the Hemel-en-Aarde Valley

Shimeji, shiitake and king oyster mushrooms, Grana Padano, white truffle oil

175

Saffron tagliatelle with pan-fried prawns

Garlic and lemongrass infused coconut cream sauce, slow roasted cherry tomatoes

175

**Braised shoulder of Karoo Lamb (Certified Karoo Meat of Origin)
with cumin-infused lamb gravy**

Potato fondant, creamed beets, roasted baby carrots, grilled courgettes, red onion

175

Slow roasted pork belly with a homemade mini pumpkin pie

Red cabbage compote, apple purée, saffron-pickled baby onions

175

Seafood bisque

Kingklip, prawns, light curry, ginger, lemon grass, coconut cream, lightly toasted ciabatta

175

Pan-seared Norwegian salmon, tomato and red pepper quinoa, steamed prawns

Fresh asparagus, sweet corn purée

185

Rack of Karoo Lamb (Certified Karoo Meat of Origin)

Boulangère potatoes, roasted garlic raita, grilled courgettes, baby carrots, lamb jus

210

Chalmar Beef fillet with dukkah spice, red wine and bone marrow jus

Baby corn, beetroot-stained carrots, hasselback potato, charred cauliflower purée

220

- WHERE THE FAMILIAR IS MADE SPECTACULAR -