



COOPMANHUIJS  
BOUTIQUE HOTEL & SPA



# Winter Special Menu

at Helena's Restaurant

## TO START

Double-baked cheese and courgette soufflé  
Grana Padano and kirsch cream

or

Seafood bisque

Kingklip, prawns, light curry, ginger, lemon grass, coconut cream, lightly toasted ciabatta

## MAINS

Risotto with fresh wild mushrooms from the Hemel-en-Aarde Valley  
Shimeji, shiitake and king oyster mushrooms, Grana Padano, white truffle oil

or

Pan-seared Norwegian salmon, tomato and red pepper quinoa, steamed prawns  
Fresh asparagus, sweet corn purée

or

Braised shoulder of Karoo Lamb (Certified Karoo Meat of Origin) with cumin-infused lamb gravy  
Potato fondant, creamed beets, roasted baby carrots, grilled courgettes, red onion

## DESSERTS

Pavlova, passion fruit curd, tropical fruit, sour fig jam,  
homemade Amarula ice cream

or

Malva pudding with crème anglaise, rooibos apricot compote,  
homemade vanilla ice cream

2 Courses for R245 or 3 Courses for R325