



Helena's
RESTAURANT

Mother's Day Menu

TO BEGIN

Simonsig Kaapse Vonkel Brut Rosè / Graham Beck Allure Non-Alcoholic Brut
Local olives, olive oil, breadsticks

TO START

Smoked Salmon roulade

Crème fraîche, dill, baby spinach, mustard, horseradish
or

Chicken liver pâté, Chenin Blanc jelly

Pistachio nuts, homemade black olive jam, toasted brioche
or

Roasted caramelized pear salad, lemon mustard dressing

Avocado, radish, walnuts, feta, pomegranate

TO REFRESH

Lemon & lime sorbet

MAIN COURSES

Line Fish of the day, garlic prawns, prawn aioli

Rooibos smoked mashed potatoes, grilled aubergine, cherry tomatoes, roasted cauliflower
or

Vegan Aubergine Tower

Grilled vegetables, spicy chickpeas, Napolitano sauce
or

Rack of lamb, lamb jus

Boulangère potatoes, roasted garlic raita, grilled courgettes, baby carrots
or

Grilled prime beef fillet, shallots braised in Boplaas Cape Tawny

Pommes dauphine, smashed peas, creamed beets, Béarnaise Sauce

DESSERTS

Hazelnut & Brandy Crêpes

Homemade vanilla pod ice cream
or

Pear & Almond Flan

Crème anglaise
or

Dark chocolate fondant with a pure heart

Homemade fresh mint ice-cream

TO CONCLUDE

Espresso / Cappuccino, sweet treats

Kindly select one item from each course | R625 per adult | R475 per child under 12

~Where the familiar is made spectacular~

